

B.R.A.I.N.

What is informed decision making?

@ B E _ H E L D _ M A M A _ M O V E M E N T

BENEFITS:

What are the true benefits of making this decision?

RISKS:

What are the risks involved?
What are the cons?
Could this lead to more intervention?

ALTERNATIVES:

Are there other options?
Can something else be done?
Have we exhausted everything else?

INTUITION

What does your gut say?
Have you prayed about it and asked for wisdom and direction?

NOTHING

What if we just didn't do anything?
Can we wait it out?
If we did nothing what are my risks?